

STEPS TO PREVENT COVID-19

- 01** Wash your hands often and use hand sanitizer
- 02** Resist touching your face
- 03** Where a mask when outside and around others
- 04** Follow your community guidelines
- 05** Keep 6ft, at least, between you and another in public
- 06** If you feel sick, stay at home
- 07** Cover your mouth when coughing or sneezing but not with your hand
- 08** Clean areas you touch a lot



Source: <https://www.webmd.com/lung/coronavirus-prevention-overview#1>